

ROLLING THUNDER

VOLLEYBALL CLUB

2023-2024

TRYOUT SCHEDULE

PRACTICES IN ARLINGTON HEIGHTS AREA

TRYOUT LOCATION

Christian Liberty Academy (CLA) • 502 W. Euclid Ave • Arlington Heights, IL 60004

Athletes need to attend all tryout dates for their Age Group

11/12/13 & Under (5th-7th Grade) • 14 & Under (8th Grade) • 15 & Under (9th Grade) • 16 & Under (10th Grade) • 17 & Under (11th Grade) • 18 & Under (12th Grade)

AGE GROUP	GRADUATION	SATURDAY, JULY 15	SATURDAY, JULY 22
All 11/12/13 & Under Premier Teams	2031-2029	4:00pm-7:00pm at CLA Location	2:00pm-5:00pm at CLA Location
14 & Under Origin and Premier Teams	2028	7:00pm-10:00pm at CLA Location	5:00pm-7:00pm at CLA Location
15 & Under Origin and Premier Teams	2027	10:00am-1:00pm at CLA Location	10:00am-12:00pm at CLA Location
16 & Under Origin and Premier Teams	2026	1:00pm-4:00pm at CLA Location	12:00pm-2:00pm at CLA Location
17 & Under Origin and Premier Teams	2025	8:00am-10:00am at CLA Location	8:00am-10:00am at CLA Location
18 & Under Origin and Premier Teams	2024	8:00am-10:00am at CLA Location	8:00am-10:00am at CLA Location

PRACTICES IN LAKE ZURICH AREA

TRYOUT LOCATION

Christian Liberty Academy (CLA) • 502 W. Euclid Ave • Arlington Heights, IL 60004

Athletes need to attend all tryout dates for their Age Group

11/12/13 & Under (5th-7th Grade) • 14 & Under (8th Grade) • 15 & Under (9th Grade) • 16 & Under (10th Grade) • 17 & Under (11th Grade) • 18 & Under (12th Grade)

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Rolling Thunder Origin Teams:

These teams will be similar to what has been named our "National Program" in the past, but with more development opportunities. Whether it be positional training, nutritional education, speed and agility training, or video analysis we plan on training each Rolling Thunder Origin athlete to be able to succeed in the sport of Volleyball at their highest level possible. The Origin teams will participate in one out-of-state mid-year event and Nationals. For more information about our Origin Teams please see the Grid below.

Rolling Thunder Premier Teams:

All of our Rolling Thunder Premier teams will receive the same on-court training that our Rolling Thunder Origin teams will receive. The biggest difference will be the length of season and the travel component. For more information about our Premier teams please see the Grid below.

2023 - 2024 Programs: Origin & Premier

Team Category Age Group	Rolling Thunder - Premier Teams U11-U14	Rolling Thunder - Premier Teams U15-U18	Rolling Thunder - Origin Teams U14-U18
Training Locations	Arlington Hts/Mount Prospect Lake Zurich/Buffalo Grove	Arlington Hts/Mount Prospect Lake Zurich/Buffalo Grove	Arlington Hts/Mount Prospect Lake Zurich/Buffalo Grove
Season Start - Finish	mid November - late May	mid November - late May	mid November - mid June
Training Days per Week	2-3	3	3
Conditioning/Strength/Quickness	Limited	Limited	Yes
Competition Days per Month	2-4	2-4	2-4
Dedicated Positional Training	Limited	Yes	Yes
Roster Size	10-12	10-12	10-12



AGE DEFINITIONS

18 and Under Division: Athletes born on or after July 1, 2005

17 and Under Division: Athletes born on or after July 1, 2006

16 and Under Division: Athletes born on or after July 1, 2007

15 and Under Division: Athletes born on or after July 1, 2008

14 and Under Division: Athletes born on or after July 1, 2009

13 and Under Division: Athletes born on or after July 1, 2010

12 and Under Division: Athletes born on or after July 1, 2011

11 and Under Division: Athletes born on or after July 1, 2012



REGISTRATION PROCEDURE

STEP 1. Complete the Great Lakes Region Registration:

If you were registered with USA Volleyball this past season, your registration is good through September 1, 2023. If you are new to club volleyball or did not register with USA Volleyball this past season, you **MUST** register for USA Volleyball prior to tryouts at

<https://memberships.sportengine.com/buy/11ee0573-32d3-e506-b6ed-a61b7664ff6d>

Make sure to print the confirmation page at the end of the process.

STEP 2. Complete the Rolling Thunder VBC Registration:

- Go to www.rollingthundervbc.com and click on "Registration" on the main menu.
- Bring the Printed Confirmation Page from Step 1 to the first tryout.
- The Rolling Thunder Tryout Fee will be \$40.00 (non-refundable)

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call us at (847) 540-0487 • visit rollingthundervbc.com • email us at admin@rollingthundervbc.com